

# Breakfast & Lunch Menus



# Breakfast and Lunch menus

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**October 2022**

Monday	3	Tuesday	4	Wednesday	5	Thursday	6	Friday	7
CHEF'S CHOICE	B	CHEF'S CHOICE	B	CHEF'S CHOICE	B	Breakfast Pizza, fruit, yogurt, juice & milk	B	NO SCHOOL	B
CHEF'S CHOICE	L	CHEF'S CHOICE	L	CHEF'S CHOICE	L	Sloppy joe w/ bun, french fries, cole slaw, fruit & milk	L	NO SCHOOL	L
Monday	10	Tuesday	11	Wednesday	12	Thursday	13	Friday	14
Waffles, sausage, fruit, juice, cereal & milk	B	Pancakes, Sausage, yogurt, Juice & milk	B	Biscuits & Gravy, Yogurt, Juice & milk	B	Breakfast Pizza, fruit, yogurt, juice & milk	B	NO SCHOOL	B
Macaroni & Cheese, roll, vegetable, fruit & milk	L	Chicken Nuggets, French Fries, fruit, vegetable & milk	L	Pizza, Salad, fruit & milk	L	Grilled Cheese, tater tots, cole slaw, fruit & milk	L	NO SCHOOL	L
Monday	17	Tuesday	18	Wednesday	19	Thursday	20	Friday	21
Cereal, Toast, Yogurt, Juice & milk	B	Breakfast Burrito, juice, yogurt & milk	B	Biscuits & Gravy, Yogurt, Juice & milk	B	Pancake wrap, yogurt, juice & milk	B	NO SCHOOL	B
Chicken patty, mashed potatoes, roll, vegetable, fruit & milk	L	Orange Chicken, rice, vegetables, fruit, roll & milk	L	Tacos, mexican rice, refried beans, fruit & milk	L	Hot dogs, Tater tots, vegetable, fruit & milk	L	NO SCHOOL	L
Monday	24	Tuesday	25	Wednesday	26	Thursday	27	Friday	28
French toast, sausage, fruit, juice & milk	B	Pancakes, Sausage, yogurt, Juice & milk	B	Biscuits & Gravy, Yogurt, Juice & milk	B	Breakfast Pizza, fruit, yogurt, juice & milk	B	NO SCHOOL	B
Macaroni & cheese, roll, vegetable, fruit & milk	L	Spaghetti w/ meat sauce. Roll, vegetable, fruit & milk	L	Tostadas, Mexican Rice, Refried beans, fruit & milk	L	Cheeseburger, French Fries, baked beans, fruit & milk	L	NO SCHOOL	L
Monday	31	Tuesday	1	Wednesday	2	Thursday	3	Friday	4
Cereal, Toast, Yogurt, Juice & milk	B		B		B		B	NO SCHOOL	B
Ravioli w/ Marinara sauce, vegetable, fruit & milk	L		L		L		L	NO SCHOOL	L

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